

LUMBERTON RECREATION
Tumblin' Tots Fitness Program
Spring 2010
Children ages 2 1/2 - 4

FEE: \$70/resident, \$80/non-resident

Program will be held once per week for 8 weeks on the following Wednesday mornings in the court room at the municipal building: 4/7, 4/14, 4/21, 4/28, 5/5, 5/12, 5/19 and 5/26. Class times will be 9:30 – 10:15 am.

This program focuses on building motor skills and coordination while children are having fun and developing social skills. Classes will involve movement, music, gymnastics, exercise, games, listening, and cooperation. Children will increase flexibility, balance and rhythm, and consequently improve self-esteem.

Please remove at dotted line & keep for your information

Spring Tumblin' Tots

Please check here if you **do not** wish to be included in our electronic Recreation Newsletter _____

Participant's Name _____

Parent/Guardian Name _____ Email: _____

Complete Address: _____

Date of Birth: _____ Age: _____

Home Telephone # _____ Work # _____

Participant's Physician _____ Tel. # _____

Emergency Contact: Name/Phone _____

Please list any physical or handicap restrictions related to the above participant.

PLEASE READ/SIGN I, _____, am registering to participate in all activities of the above registered program. In case of emergency, I authorize the program's assigned personnel to administer first aid treatment, transport me to the NEAREST hospital if necessary, and notify emergency contact as quickly as possible. In the event of an emergency due to accidents beyond their control, I hereby release Lumberton Department of Recreation, its supervisors, employees, sponsors and program volunteers, from all liability.

Signature

Date

DATE PAID _____ RECEIVED _____ CHECK# _____ \$ _____